



OVER 40 YEARS OF EXCELLENCE IN MIDWIFERY

# Really 'Stuck' on Dystocia? for Midwives

Understanding & Resolving Real Shoulder Dystocia

Lynn Arnold LM, CPM

**S**houlder Dystocia is something that every maternity care provider dreads, yet they must be ready to deal with on a moment's notice. This workshop is designed to help midwives and midwifery students review, learn and recognize all aspects of shoulder dystocia. The knowledge and practice gained in this workshop will prepare the participants to more confidently handle an emergency dystocia in a real midwifery practice.

## Discussion Topics:

Definition • Incidence & Risk factors

Prevention • Signs & Symptoms

Resolving Shoulder Dystocia • Physical vs Environmental

McRoberts • Rubin • Gaskin • Motion & Movement

Understanding Neonatal Injuries • Maternal Trauma

Statistics & Outcomes

*Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand.*

She teaches this workshop by lecture, stories, visual aids, demonstration and practice on models, and open review and discussion. It encourages the attendees to participate, comment and ask questions to enhance their learning. It is a must for all midwives and students who want to learn, review and update their skills in understanding and resolving shoulder dystocia.

## 2.5 MEAC & Bridge Contact Hours

Registration: \$125 cash, check, Venmo,\* (or PayPal\*, credit cards accepted 5% fee)

Comments: *Thank you for sharing your wealth of knowledge and sharing skills with us that are empowering!*

*Appreciate the practice updates, Thank you!*