



OVER 49 YEARS OF EXCELLENCE IN MIDWIFERY

## Suturing in a Real Midwifery Practice

# Part 2 – Third & Fourth Degree Repair

Lynn Arnold LM, CPM

**T**his is an advanced skill workshop designed as a continuation of “Suturing in a Real Midwifery Practice” (a mandatory prerequisite). It is for primary practitioners who want to learn a basic, simple approach to repair of third and fourth degree lacerations for rural settings, with emphasis on knowing and practicing within one’s own limitations and standard of practice. In this workshop attendees will recognize the need for advanced skills and practice in repairing third and fourth degree lacerations.

### Discussion Topics:

Anatomy, Classification System,  
Preventing Lacerations  
Episiotomy - Midline vs. Mediolateral  
Evaluating the Tear  
Colorectal vs Obstetrical surgeons  
Informed Consent & Releases  
Choosing Supplies & Equipment  
Instruments, Anesthesia, Suture, Needles

### Demonstration &

### PRACTICE on Models:

Reconstruction of Anal Sphincter  
& Rectal Mucosa  
Interrupted, Running & Sub Cutaneous  
Healing and After Care

This workshop is taught by lecture, visual aids, and models with emphasis on ‘hands on’ practice with models using all types of sutures and equipment.

Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

## 4.0 MEAC Contact Hours

Registration: \$225.00 cash, check, Zelle, or Venmo

### Comments:

*I really appreciate your organization and enthusiasm for teaching, class was so effective, thank you*

*This workshop was 10 years overdue! I found this workshop to be extremely helpful and highly recommend it to all midwives..*

*So helpful! Lecture and slides were very well organized and easy to follow, good pace. I want to take these suturing classes every year to keep up my skills!*