#### OVER 45 YEARS OF EXCELLENCE IN MIDWIFERY

# The Art & Science Behind Breech Birth

## Lynn Arnold LM, CPM

D-MIDWIFE

This workshop has been newly abridged, updated version includes upright & classical breech delivery with new breech birth slides. This course presents a clear concise path for providers to deal with all aspects of breech client care including external version, informed consent, referral, delivery techniques (classic & upright) & postpartum care. This redesigned format will help primary practitioners and students to recognize the mechanisms & complexities of breech presentation. The course does not necessarily advocate vaginal breech deliveries but places emphasis on practicing within personal limitations while preparing the attendees with 'real skills' for emergency breech situations.

#### **Discussion Topics:**

Historical Approach to Breech Deliveries • Incidence & Predisposing Factors • Risks: Maternal & Fetal Diagnosis • History • Examination • Ultrasound • External Cephalic Version: Risks, Timing, Informed Consent, Techniques Breech Management: Risk Scoring • Labor Progress • Positions Classic & Physiologic Upright

Mechanisms of Breech Delivery • Tricks, & Techniques • Newborn Evaluations • Follow-up Care

### Demonstration & PRACTICE on Models

Vaginal Assessments, Restoring Mechanism, Classic & Upright Breech Delivery

This workshop is taught by lecture, visual aids, models, open questions & answers.

Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

7.0 MEAC & Bridge Contact Hours
4.0 MEAC & Bridge Contact Hours \$325/\$250 cash, check, Venmo,\* or Zelle

Registration:

Comments:

Very clear content, slides were informative, videos were excellent, stories were helpful, and discussion on informed consent were excellent. Loved the class, excellent teacher with tons of material and knowledge.

The models were invaluable to learn techniques taught. I appreciated being able to practice multiple times with verbal guidance, thank you! Loved it! Really helped make solid what I've learned and added much to it. Practicing and videos helped my visual and kinesthetic learning.