



OVER 49 YEARS OF EXCELLENCE IN MIDWIFERY

Suturing in a Real Midwifery Practice

Part 2 – Third & Fourth Degree Repair

Lynn Arnold LM, CPM

This is an advanced skill workshop designed as a continuation of “Suturing in a Real Midwifery Practice” (a mandatory prerequisite). It is for primary practitioners who want to learn a ‘basic, simple’ approach to the repair of 3rd & 4th lacerations, with emphasis on knowing and practicing within one’s own limitations, standards of practice and legal limitations. In this workshop attendees will recognize the need for extremely advanced skills for the long-term successful repairing of 3rd & 4th degree lacerations leading to optimal pelvic floor integrity.

Discussion Topics:

Anatomy, Classification System
Preventing Lacerations
Episiotomy - Midline vs. Mediolateral
Evaluating the Wound
Colorectal vs Obstetrical Surgeons
Informed Consent & Releases
Choosing Supplies & Equipment
Instruments, Anesthesia, Sutures & Needles
Post Operative Care & Client Support

Demonstration & Practice with Models:

Reconstruction of Anal Sphincter
& Rectal Mucosa
Anesthesia
Interrupted, Running & Sub Cutaneous
End to End vs, Overlapping OASIS
Healing and After Care

This workshop is taught by lecture, visual aids, and models with emphasis on ‘hands on’ practice with models using all types of sutures and equipment.

Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

4.0 MEAC Contact Hours

Registration: \$225.00 cash, check, Zelle, or Venmo

Comments:

I really appreciate your organization and enthusiasm for teaching, class was so effective, thank you

This workshop was 10 years overdue! I found this workshop to be extremely helpful and highly recommend it to all midwives..

So helpful! Lecture and slides were very well organized and easy to follow, good pace. I want to take these suturing classes every year to keep up my skills!