



OVER 40 YEARS OF EXCELLENCE IN MIDWIFERY

VBAC Risks & Realities for Midwives

Understanding VBAC in an out of hospital environment!

Lynn Arnold LM, CPM

V *BAC risks and realities for midwives is a common-sense approach to helping women with a Vaginal Birth After Caesarean.* With the increased incidence of caesarean sections and the high levels of PTSD associated with these rates this workshop is designed as a tool to aid primary practitioners, students, and other providers others to better serve the VBAC community. The knowledge and practice gained in this workshop will help to prepare the participant to more confidently recognize all the considerations and aspects of caring for the VBAC client in a real midwifery practice.

Discussion Topics:

History of cesarean section • Current US - ACOG/NIH guidelines for VBAC

Incidence & Risk factors for VBAC • Uterine Rupture

Maternal History • PTSD

Positive & Negative Predictors • Education & Support

Informed Consent • Clinical Care & Testing •

Case Study Review • Statistics & Outcomes

Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand.

She teaches this workshop by lecture, stories, visual aids, and open review and discussion. It encourages the attendees to participate, comment and ask questions to enhance their learning. It is a must for all midwives and students who want to learn, review and update their skills in understanding VBAC!

2.0 MEAC Bridge Contact Hours

Registration: \$125 (cash, check, or credit cards accepted)

Comments: *Thank you for sharing your wealth of knowledge and sharing skills with us that are empowering!* *Appreciate the practice updates, Thank you!*