



OVER 40 YEARS OF EXCELLENCE IN MIDWIFERY

# Reality of Twin Gestation & Births

Lynn Arnold LM, CPM

**T**his workshop is a new workshop to help advanced primary practitioners and students to recognize the complexities of the Multiple Gestation, note that a Real Birth Breech Workshop is a prerequisite. This course presents a clear and concise path for the providers to deal with all aspects of multiple gestation care including informed consent, referral, delivery techniques and the postpartum care. The course does not advocate twin deliveries without an advanced provider but places emphasis on practicing within personal limitations while preparing the attendees with 'real skills' for emergency of multiple gestational situations.

## Discussion Topics:

Historical Approach to Twin Deliveries • Incidence • Diagnosis • Types  
Informed Consent • Prenatal Care & Complications • 1<sup>st</sup> & 2<sup>nd</sup> Stage  
Labor Progress, • Evaluations • Positions • Emergency Internal Podalic Version  
3<sup>rd</sup> Stage Management • Post-Partum Hemorrhage  
Newborn Evaluations • Placental Evaluations  
4<sup>th</sup> Trimester & Follow-up Care

## Demonstration & PRACTICE on Models

Palpation of Baby 'B', Internal Podalic Version, Delivery Techniques

*This workshop is taught by lecture, visual aids, models, open questions & answers.*

Lynn Arnold is a practicing midwife specializing in 'special circumstance births' and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

## 4.0 MEAC & Bridge Contact Hours

Registration: \$195 cash, check, PayPal®, or credit cards accepted (5% fee)