



OVER 40 YEARS OF EXCELLENCE IN MIDWIFERY

# The Art & Science Behind Breech Birth

Lynn Arnold LM, CPM

**T***his workshop has been newly updated to include upright & classical breech delivery with new breech birth slides & videos!* This course presents a clear and concise path for the providers to deal with all aspects of breech client care including version, informed consent, referral, delivery techniques (classic & upright) and the newborn postpartum care. This redesigned format will help primary practitioners and students to recognize the mechanisms & complexities of breech presentation. The course does not necessarily advocate vaginal breech deliveries but places emphasis on practicing within personal limitations while preparing the attendees with 'real skills' for emergency breech situations.

## Discussion Topics:

Historical Approach to Breech Deliveries • Incidence & Predisposing Factors  
Risks: Maternal & Fetal • Diagnosis: History • Examination • Ultrasound  
External Cephalic Version: Risks • Timing • Methods • Informed Consent • Techniques  
Breech Management: Risk Scoring • Informed Consent • Labor Progress • Evaluations,  
Classic & Physiologic Upright • Mechanisms of Breech Delivery • Tricks & Techniques,  
Newborn Evaluations & Follow-up Care

## Demonstration & PRACTICE on Models

Palpation, Version, Vaginal Assessments, Classic & Upright Breech Delivery

This workshop is taught by lecture, visual aids, models, open questions & answers. Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

7.0 MEAC & Bridge Contact Hours

4.0 MEAC & Bridge Contact Hours

Abridged, all topics are covered in a briefer format without model practice for ECV & vaginal assessments

Registration: **\$200/\$150** cash, check, PayPal®, or credit cards accepted (5% fee)

## Comments:

*Very clear content, slides were informative, videos were excellent, stories were helpful, and discussion on informed consent were excellent. Loved the class, excellent teacher with tons of material and knowledge.*

*The models were invaluable to learn techniques taught. I appreciated being able to practice multiple times with verbal guidance, thank you!*

*Loved it! Really helped make solid what I've learned and added much to it. Practicing and videos helped my visual and kinesthetic learning.*



Updated Content