



OVER 40 YEARS OF EXCELLENCE IN MIDWIFERY

Suturing in a Real Midwifery Practice

Lynn Arnold LM, CPM

This workshop is designed for primary practitioners and students who want to learn a simple straightforward approach to suturing. Perfect for practical application in a real midwifery practice, refreshing existing skills, and preparation for exams!

Discussion Topics:

The Intact Perineum: Myth or Reality?
Preserving the Perineum: History, Nutrition,
Techniques
Episiotomy: When and How
Evaluating the Tear
Informed Consent & Releases
Choosing Supplies & Equipment
Instruments, Anesthesia, Suture, Needles

Demonstration &

PRACTICE on Models:

Hand & Instrument Tie
Interrupted, Running & Sub Cutaneous
Interesting Tears & Special Problems:
Perineal doubles, Labial tears and splits,
Periurethral tears, and Bleeders
Healing and After Care

This workshop is taught by lecture, visual aids, and models with emphasis on ‘hands on’ practice with models using all types of sutures and equipment.

Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

7.5 MEAC & Bridge Contact Hours

Registration: \$250 (cash, check, or credit card accepted)

Comments:

I really enjoyed this class. I liked that people were walking around and assisting the participants, the pictures, movies were awesome! Thank you!

Very valuable learning and the 1st time it came together and I “got” it!

I’ve taken many workshops over the years and this was one of the best! Thank you so much for offering this.

Best suturing class I’ve been to! Turned me from a nonsuturing midwife into a confident, suturing midwife. Thank you so much!