



OVER 40 YEARS OF EXCELLENCE IN MIDWIFERY

Suturing in a Real Midwifery Practice

Part 2 – Third & Fourth Degree Repair

Lynn Arnold LM, CPM

This is an advanced skill workshop designed as a continuation of “Suturing in a Real Midwifery Practice” (*a mandatory prerequisite*). It is for primary practitioners who want to learn a basic, simple approach to repair of third and fourth degree lacerations for rural settings, with emphasis on knowing and practicing within one’s own limitations and standard of practice. In this workshop attendees will recognize the need for advanced skills and practice in repairing third and fourth degree lacerations.

Discussion Topics:

Anatomy, Classification System,
Preventing Lacerations
Episiotomy - Midline vs. Mediolateral
Evaluating the Tear
Informed Consent & Releases
Choosing Supplies & Equipment
Instruments, Anesthesia, Suture, Needles

Demonstration &

PRACTICE on Models:

Reconstruction of Anal Sphincter
& Rectal Mucosa
Interrupted, Running & Sub Cutaneous
Healing and After Care

This workshop is taught by lecture, visual aids, and models with emphasis on ‘hands on’ practice with models using all types of sutures and equipment.

Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

4.0 MEAC & NARM Bridge Contact Hours

Registration: \$200 (cash, check, or credit card accepted)

Comments:

I really appreciate your organization and enthusiasm for teaching, class was so effective, thank you

This workshop was 10 years overdue! I found this workshop to be extremely helpful and highly recommend it to all midwives..

So helpful! Lecture and slides were very well organized and easy to follow, good pace. I want to take these suturing classes every year to keep up my skills!