



OVER 40 YEARS OF EXCELLENCE IN MIDWIFERY

Refreshing Real Suturing Skills

Lynn Arnold LM, CPM

This new workshop is designed for primary practitioners and students who have attended Suturing is a Real Midwifery Practice who wanted review, practice, and refine the skills they acquired in that workshop. The focus of this workshop is to practice on models the simple straight forward steps of the suturing skills acquired in the previous workshop. A special emphasis is placed on working with specially designed practice models, open question and answer, problem solving and individualized attention

Review Topics:

Preserving the Perineum
Materials & Equipment
Setting up for Repair
Evaluating the Tear
Informed Consent
Charting

PRACTICE on Models:

Hand & Instrument Tie
Interrupted, Running & Sub Cutaneous
Interesting Tears & Special Problems:
Perineal doubles, Labial tears and splits,
Periurethral tears, and Bleeders
Healing and After Care

This workshop is taught by lecture, visual aids, and models with emphasis on 'hands on' practice with models using all types of sutures and equipment.

Lynn Arnold is a practicing midwife and longtime midwifery educator who has a unique teaching style that will make even the most complex topics simple and easy to understand!

5.0 MEAC & NARM Bridge Contact Hours

Registration: \$200 (cash, check, or credit card accepted)

Comments: *Best suturing class I've been to! Turned me from a nonsuturing midwife into a confident, suturing midwife. Thank you so much!*

I love the workshop and would take it again and again! Thank you so much!

Very valuable learning and the 1st time it came together and I "got" it!

I've taken many workshops over the years and this was one of the best! Thank you so much for offering this.